

Person Centered Planning



Oasis Community of West Michigan

Jan Lampman

Community Drive

9898590173

Michigan lead the Way...

Michigan has 2 guiding principles that support living a life in The Community...

- ▶ Person Centered Planning Practice Guideline
- ▶ Michigan's Self-Determination Policy

Michigan now....

Michigan Self-Determination Policy states...

Self-determination shall be established in each Community Mental Health Services Program, for adults with developmental disabilities and adults with mental illness.

Michigan now...

Person Centered Planning Practice & Guideline states...

is a process for planning and supporting the individual receiving services that builds upon the individual's capacity to engage in activities that promote community life and that honors the individual's preferences, choices and abilities.

(Mental Health Code Definition 330.1712)

History and Context

- ▶ Person Centered Planning is a process, not a document or a meeting
- ▶ Person Centered Planning is a tool for learning
- ▶ Person Centered Planning brings individuals, communities and the system together to learn with and from each other
- ▶ Person Centered Planning, done right, changes the individual life as well as the community culture

Origin Story

Judith Snow - Came to Michigan.....



What Happened Next?

Tim Bartlett Happened.....



What is Independent Facilitation

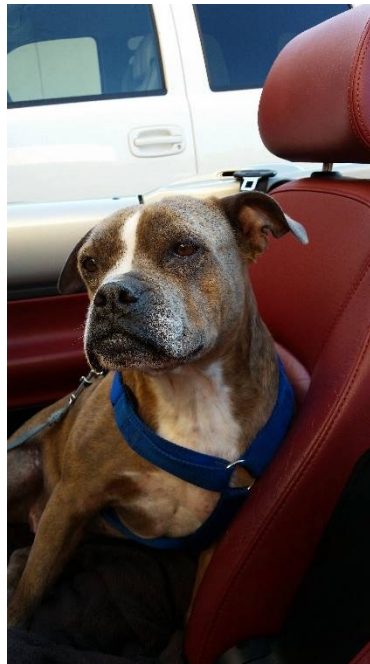
- ▶ It is a critical component of Person Centered Planning
- ▶ It is an individual chosen by the focus person to facilitate process
- ▶ It is not neutral, but an ally to the focus person in directing the process
- ▶ It is a person who responds directly to the desired outcomes of the focus person

Why chose an Independent Facilitator?

- ▶ Adds a new perspective
- ▶ Person may feel more comfortable articulating their desires to the facilitator
- ▶ Plans can be more meaningful and more focused on life in the community than services or supports
- ▶ Adds a higher degree of choice when the focus person has a facilitator

What is Important?

- ▶ Relationships
- ▶ Purpose and Meaning
- ▶ A place where you feel safe, loved and a sense of belonging
- ▶ This is SCIENCE!



Things to Think About



Some principles to think about

- ▶ Self Determination
- ▶ Wellbeing
- ▶ Citizenship
- ▶ Belonging
- ▶ Community

What is next?

- ▶ Think about how people in this community connect
- ▶ What does wellbeing look like in YOUR Community
- ▶ Where is hospitality common
- ▶ How can the system support community, connections, belonging, wellbeing



Questions?

Jan Lampman

Community Drive

989 859-0173

COMMUNITY DRIVE