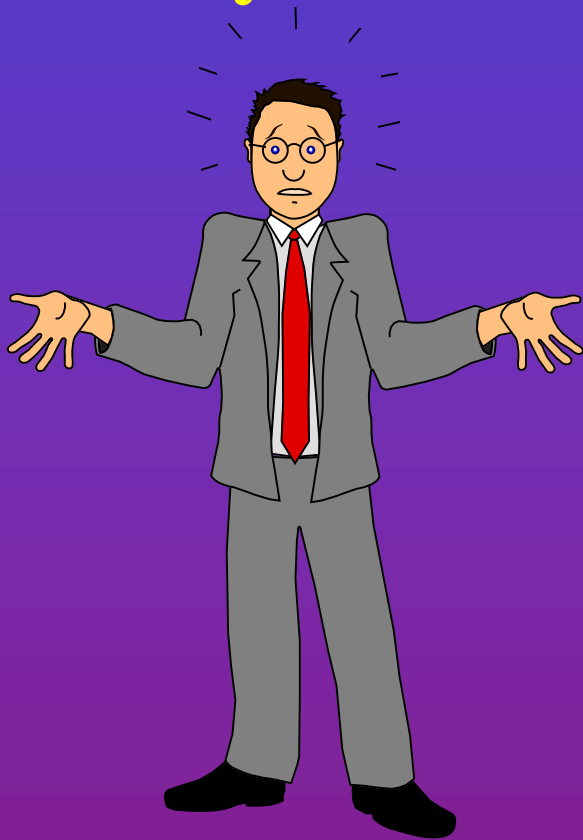




Critical Elements

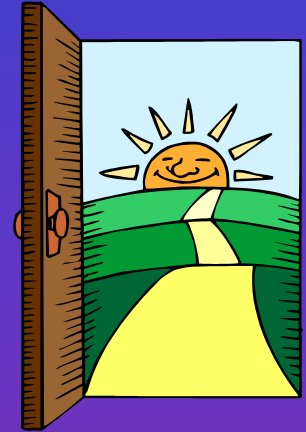
A Self-Determined Life with a Good Future

What is the purpose of the human service system for people with disabilities?



What is their purpose in your life?

Purpose of the human service system:



**to help you have
a good life
just like other people
in your community**



Good quality life = good people in your life

Friends



Family



Reliable support

Romantic relationships



Good quality life = being a part of the community



Having fun



Using community resources

Volunteering



Worshipping

Where everyone else does!

Good quality life = Living in your own home

**Adults live in
homes they
choose
and control**



**Children live in
families**

**Good quality life for adults =
Having enough money to get the
things you want and need**

\$

\$

\$

**Adults have good
jobs**

\$

**or their own small
business**



\$

\$

Good quality life for children = Getting a good education

Children go to
schools
with other kids in
their own
neighborhood



Children get the extra help
they need
to succeed at school

Good quality life = Being healthy and safe



People enjoy good health.

People are safe but have the opportunity to take reasonable risks.



People have good health care



*It's about
life, liberty and the
pursuit of happiness
for all.*



A Good Quality Life

includes

having power and control

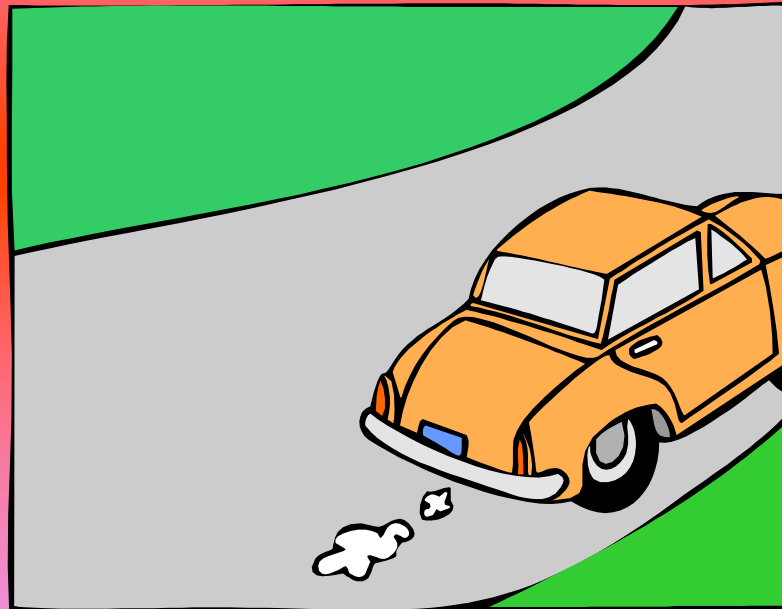
over your life.

We call this.....



Self Determination

What is **Self Determination?**



**Taking
charge
of**

your

own

life



**Adults with disabilities
or families of children
having control over
their lives**



**.....with help from people
you know and trust**

**The best way to do this is
to have a system based
on the principles of
self determination**



PRINCIPLES OF SELF-DETERMINATION



Freedom



Authority

Responsibility



Nothing
about me
without me!

Confirmation



Support



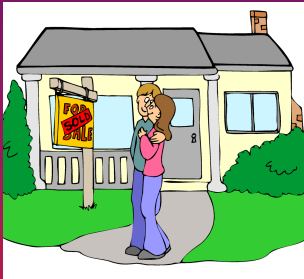
A SELF-DETERMINATION BASED SYSTEM

Freedom

to plan
a meaningful life
for yourself



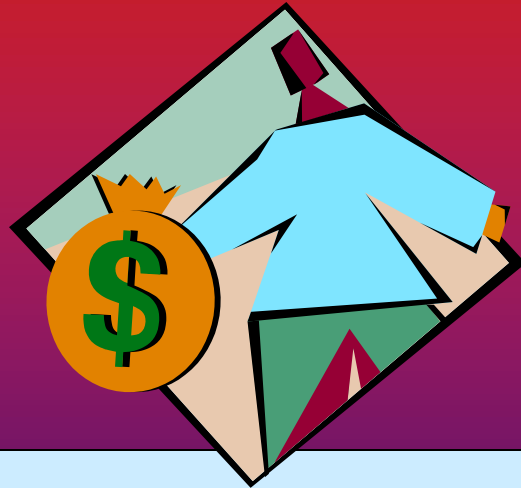
with help from your
circle of support



and a *planner or consultant*
who works for you



A SELF-DETERMINATION BASED SYSTEM



The government sets aside an
amount of money
just for you to spend on support



A SELF-DETERMINATION BASED SYSTEM

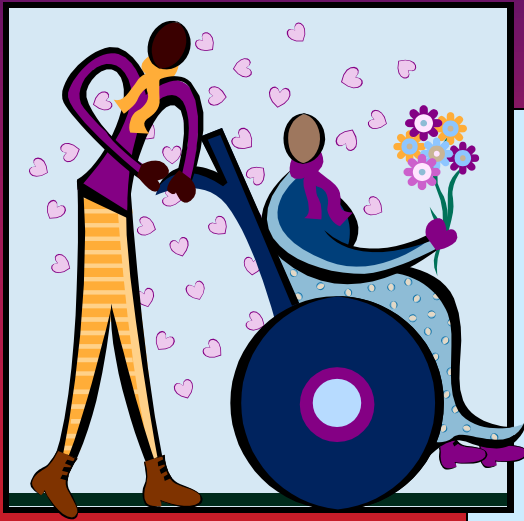
You set up and control the support you need to have a meaningful life



with the help of a broker or consultant who works for you

A SELF-DETERMINATION BASED SYSTEM

Support can be
different and
creative



You get a life
not a
program.

A SELF-DETERMINATION BASED SYSTEM

You have the authority to decide how you will spend the money.

We call this an individual support budget



A SELF-DETERMINATION BASED SYSTEM

You take responsibility for managing your support budget



with a financial helper who can pay bills for you, help you be a good employer and keep records



A SELF-DETERMINATION BASED SYSTEM

You also take
responsibility for
spending the money
wisely.....



staying within your
budget and
following the rules

A SELF-DETERMINATION BASED SYSTEM

The system confirms
that you
(with your circle of support)
have the right to control
decisions about your life



A SELF-DETERMINATION BASED SYSTEM

The system confirms
that people with disabilities and
their families
have a right to be a part of
decisions that affect
their system

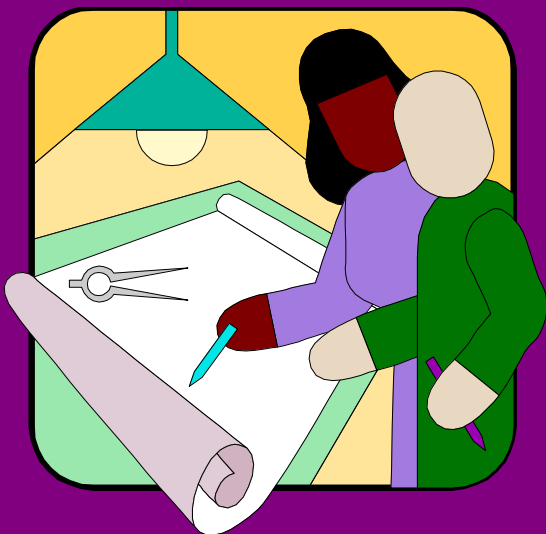
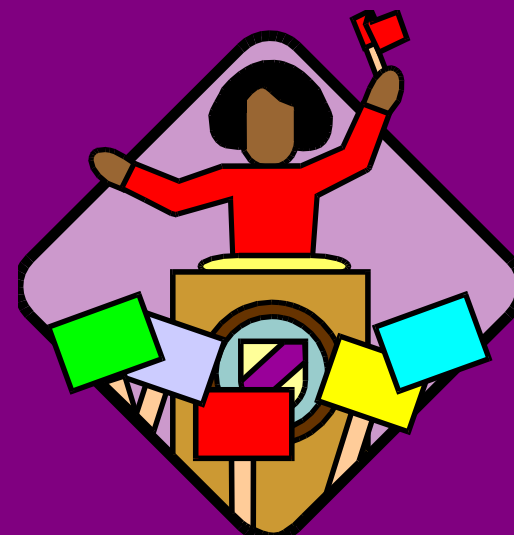


A Self-Determined Life with a Good Future

**What can you
do to make it
happen?**

A Self-Determined Life with a Good Future

**Ask yourself
some questions**



**Do I have a good
plan good life?
that helps me to
have a**

A Self-Determined Life with a Good Future

**Do you have a
circle of support
to help you live
your life?**



**Does your plan
help you to
develop
relationships?**

A Self-Determined Life with a Good Future

Does your plan help you to make more money?



Are people helping you to think of ways to earn money based on your interests and talents?

A Self-Determined Life with a Good Future

Is there a job related to your interests and talents?



Is there a small business you could start?

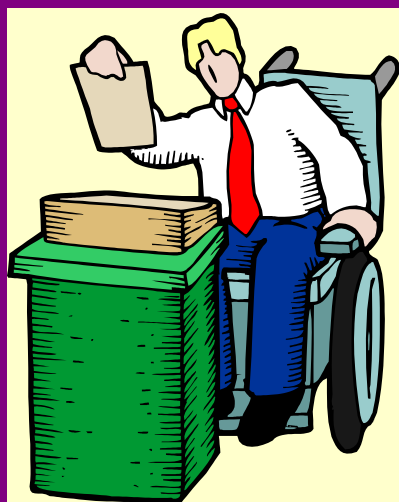
A Self-Determined Life with a Good Future



**Does your
plan help you
to be a part of
your
community?**



A Self-Determined Life with a Good Future



**Does your plan help
you to be more in
charge of your life?**

**Does your plan help
you to pursue your
dreams?**



Is your plan helping you to be more secure for the future?



Self Determination



**Gives you the
opportunity to
take charge of
your future!**



www.self-determination.com